

# Unit II: Food and Health

# Plants-Production And Storage

Plants have a very important role to play in our lives. In addition to the vital oxygen supplied by the plants, they are also a source of food and other useful materials like medicines, oils, fibres etc. Therefore, it becomes important for us to grow more and more plants and to do that we need to understand how the plants grow.





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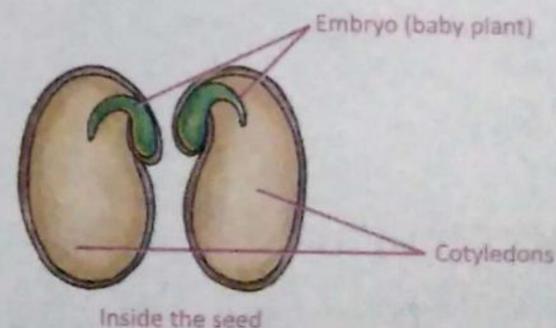
### **Modes of Reproduction in Plants**



### By Seeds

We have noticed seeds in most of the fruits. Some fruits like mango produce a single seed while others such as papaya and orange produce many seeds. If we take a closer look at the seed we would find that it contains a tiny plant in itself.





Structure of a bean seed

The outer covering of the seed protects the baby plant inside. The seed coat allows water to enter the seed which is required for its

germination. If we carefully break open the seed we can see the cotyledons that store food for the seed and the tip from where the new shoot would arise. After that the function of production of food for the plant is taken up by the young leaves. Cotyledons - The part of the seed that stores food for the baby plant.

Germination (The process by which the young plant grows out of the seed is called Germination.

Soak the green gram dal overnight. Drain the water and tie it in a handkerchief for about five hours. What do you observe?



# Planting the Seeds

The seeds will not grow just anywhere (They require certain suitable conditions for growth: such as Soil, water, Aix, Temerature)



Soil

 The seeds need fertile soil to grow.



Air

- The seeds need air to breathe.



Water

 The seeds need the right amount of water for germination.

Warmth – The seeds need warmth from the sun to grow.

# Dispersal of Seeds

In order to germinate, the seed must reach the soil. There are many agents that take the seed away from the fruit or the mother plant, through a process called dispersal, to a suitable place for germination. The process of germination occurs in different stages:

- Seed absorbs water and seed coat bursts. It is the first sign of germination. There is an activation of enzymes, increase in respiration and plant cells get duplicated.
- Chemical energy stored in the form of starch is converted to sugar, which is used during germination process. Soon, embryo gets enlarged and seed coat burst opens.
- Growing plant emerges out. Tip of the root first emerges and helps to anchor the seed in place. It also allows embryo to absorb minerals and water from soil.
- The shoot with tiny leaflets emerges the next.

### Quick Revision:

- A. Fill in the blanks:
- 1. Seed coot is the outer covering of the seed.
- 2. Cotuledons store food for the baby plant.
- 3. The seeds need the right amount of water for gurmination.
- B. Give two examples of seeds that are dispersed by:

1. Wind

hornbeam

2. Water

coconut

3. Animals

apple

4. Explosion

geraneum

sycamore

willow

mongaes

POPPY

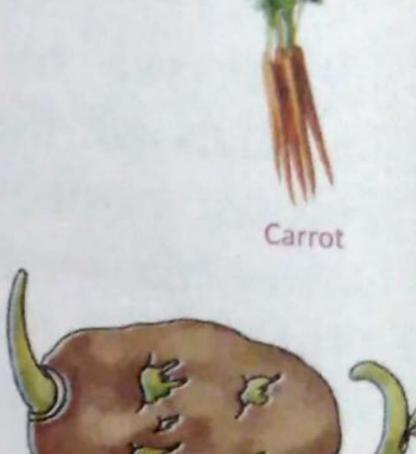
# Reproduction by Other Plant Parts

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### By Roots

Some roots like that of carrot, the tuber of potato, the bulb of the onion etc., can grow into a full plant when provided with suitable conditions for growth.





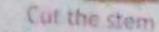


### By Stem

The stem cutting of the rose plant, money plant etc., can be used to obtain a new plant under ideal conditions for germination.



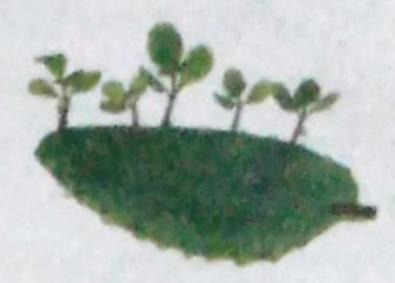




Reproduction of rose from stem

### By Leaves

Leaves of the bryophyllum plant give rise to tiny plantlets at the edges. These can be grown into new plants under ideal conditions.



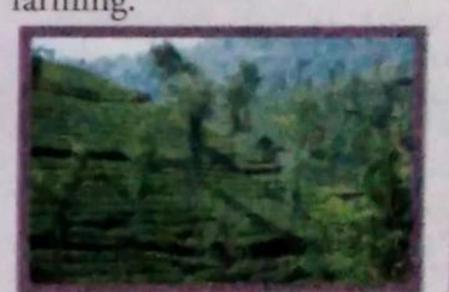
Bryophyllum

A crop is a plant grown in a particular area for a particular period of time for consumption by human beings) The large scale production of crops for food is known as agriculture.)

> Different crops require a different weather for their growth. Some crops like rice and maize require heavy rains during their growth. Such crops are grown from June to October. They are known as Kharif crops.

> Crops like wheat, beans and legumes require the light winter rains for their growth. These are planted in November and harvested in the month of April. These are known as Rabi crops.

Terrace farming, also known as step farming and often simply called terracing, is a method of cultivation. Terrace farms are a series of step-like ledges supported by man-made walls. Crops are grown on the carved steps of flat land called terraces. Terrace farming is a way to grow crops on steep hills and mountain sides. Terraces are easier to cultivate than vertical slopes. Terraces prevent rain from eroding the soil. Terrace farming is practiced in many parts of the world including Asia, Africa, Europe and South America. The Incas were the first people to use terrace farming.



Agriculture is a blend of many steps or activities:



1. Ploughing



2. Manuring











4. Irrigation

5. Adding Insecticides

D4C

- Ploughing It is the preparation of soil for sowing the seeds.
- Manuring The addition of manure makes the soil rich in nutrients.
- Sowing

   The seeds are then sown in the prepared soil.
- Irrigation The field is then watered or irrigated.
- Insecticides They are sprayed on the standing crops to protect them from pests and insects.
- Harvesting The fully grown crops are picked from the fields or harvested.)

Ans 2.C.

- Ploughing The process of loosening the soil for sowing seeds.)
- Irrigation The process of watering the soil.
- Manuring The process of addition of manure to fields.
- Insecticides –
  Chemicals used to kill insects in fields.
- Harvesting The cutting of crops.

## **Crop Storage**

Agriculture is the primary occupation of our country. There has been much technological advancement in the field of agriculture over the last decade. It has led to an overall increase in the crop production but one aspect that still needs to be dealt with is appropriate storage of crops (It is the time after the crops are harvested and before they are sent to the market.)

Many problems that pose a threat to the stored crops are:

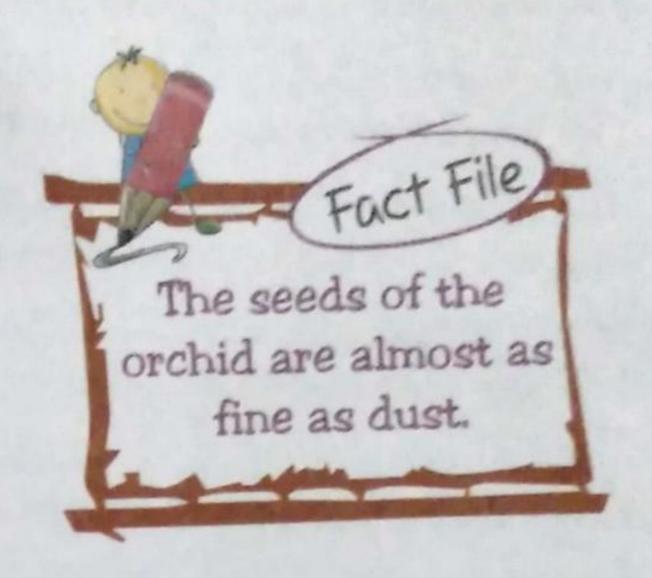
· Adequate space for storage of crops.



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- · Pests like rodents, squirrels etc., that feed on the stored grains.
- · Rain and moisture spoil the quality of the stored grains.
- · Black-marketing of stored crops.





# NewWords

Dispersal

Ans 1 (a)

The transfer of seeds away from the mother plants to a place suitable for germination.)

A plant grown in a particular area for a particular period of time for consumption by human beings.

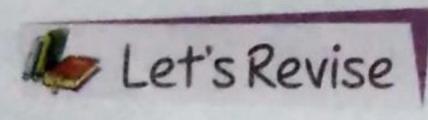
The crops sown from June to October. Ex-Rice, Maize

The crops sown from November to April. Ex- wheat, bears

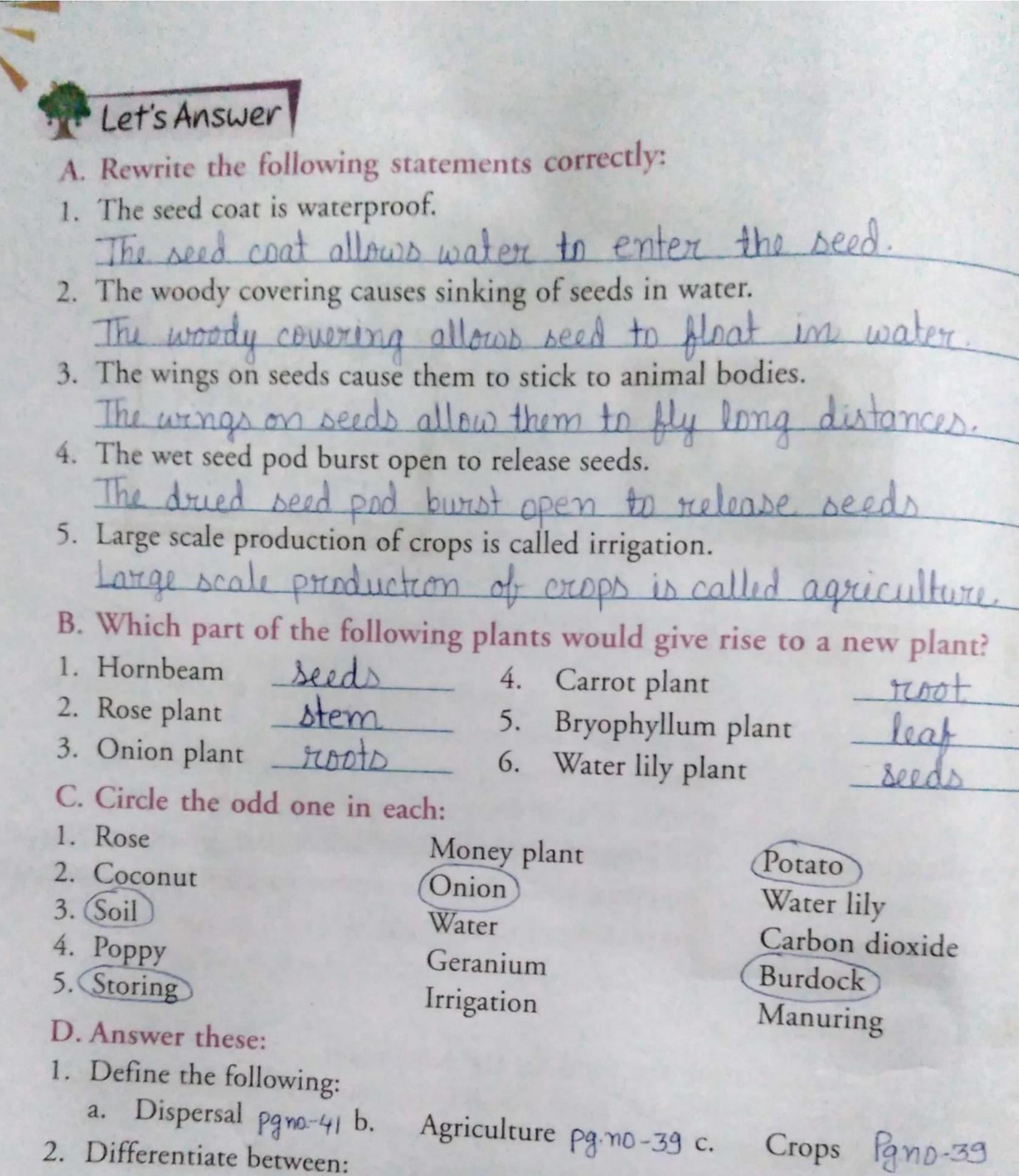
The picking of ripe crops.

Harvesting

Crop



- 1. The cotyledons store the food for the baby plant.
- 2. Seeds dispersed by water have a woody coating that enables them to float on water.
- 3. Seeds may have minute hooks that stick to animal bodies and are easily dispersed.
- 4. The heat causes the seed pod to dry and hence burst open.
- 5. The crops grown have to be stored carefully.



\*\*a. Dispersal by wind Vs Dispersal by water

Rabi crops Vs Kharif Crop

c. Ploughing Vs Storing

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3. What is germination? What are the ideal conditions for a seed to germinate?

4. Briefly explain the steps in agriculture. Pg. no- 40

4. Briefly explain the steps in ag.

5. Briefly explain any two ways of reproduction in plants other than by seeds.

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